



Kundalini Yoga Cambodia

គុនដាលីនីយោកះកម្ពុជា

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Meditation Day



with

Latri Khenpo

Geshe Nyima

Dakpa Rinpoche

Saturday 25 February 2012

9am-3pm

at

Kundalini Yoga House

New Location: **Street 454 #91G**

Near Toul Tom Poug ("Russian") Market

Phone: 092 42 98 35

**Donations to support Rinpoche's projects for
Bon orphans**

Advance Registration Appreciated

More details: on www.KundaliniYogaCambodia.org



Latri Khenpo Geshe Nyima Dakpa Rinpoche is the abbot and lineage holder of the Latri Monastery in Kham/Derge, Eastern Tibet. His father was a lama of the Tewa monastery in Tibet and the third reincarnation of Tsultrim Phuntsok, a great Bonpo practitioner of Eastern Tibet. Early in his life, Rinpoche lived in Dorbatan, Nepal where he received his first instruction from his father and from Tsultrim Nyima Rinpoche, the abbot and founder of Dorbatan Monastery. Latri Nyima Dakpa Rinpoche entered Menri Monastery in Dolanji, India, the seat of Yungdrung Bon and education. There he was taught by His Holiness Lungtok Tenpai Nyima Rinpoche, the 33rd Menri Trizen receiving empowerment, transmissions and teaching instruction.

He studied as well with Lopon Yongzin Tenzin Namdak, who held the position of chief teacher of all Bon education. In 1978 he joined the first graduating class of the Menri Bon Dialectic School in Dolanji where he completed his studies and received his Geshe degree in 1987. Latri Nyima Dakpa Rinpoche is the founder and director of the Bon Children's Home in Dolanji, where he is in charge of providing for the physical and educational needs of Bon orphans. He is the founder of

the Yeru Bon Center in Los Angeles; the Shen Ten Ling Bon Centre in Vienna; the Shen Chen Ling in Minsk (Belarus); and the Bon Shen Ling in Moscow. Rinpoche travels regularly to these centers to give teachings.

His organization Aid to Bon Children raises funds to assist with the needs of the Bon Children's Home. Latri Nyima Dakpa Rinpoche is tireless in his compassion for others, his care for the needs both of Bonpo orphans and of Western lay spiritual seekers, and his devotion to spreading the teachings of Bon for the benefit of all sentient beings. Since 2009 Rinpoche also devotes his time and energy to give teachings in Thailand, and for the construction of the the Tara Great Stupa for Peace and Harmony (Yungdrung Kolek Choeten),

Kundrol Ling, Thailand. Latri Geshe Nyima Dakpa Rinpoche, in *Opening the Door to Bon*, has written a guide to Western students to prepare them to receive the teachings first transmitted by Buddha Tonpo Shenrab Miwoche 18,000 years ago. Grounded in an educational tradition that spans thousands of years, this book provides practical and explicit instructions for the students. The book covers both the outer and inner fundamental practices of Bon. Topics include the attitude the student should have, how to cultivate that attitude, virtuous acts to strive for, and nonvirtuous acts to avoid.

Latri Geshe Nyima Dakpa Rinpoche then teaches *ngondro*, or Nine Preliminary Practices, that a student should undertake in order to begin the practice and apply it to daily life. Writing in clear, simple language, Rinpoche brings to this task not only his formidable knowledge of Bon, and his compassionate desire to share Bon teachings with others, but also his unique experience of having taught ngondro and other teachings to American and European students since 1989.

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